



Nature Coast Technical HS Girls Basketball

Nominated By: Emily Gore (Coach)

What makes you a champion?

When I think of the word champion many things come to mind. Champions come in many shapes and sizes. As an athlete and a coach I can relate being a champion to mean many things. Champions are winners. But not all winners are champions. Champions must be willing to work hard and challenge themselves to be the best. Self motivation is such an important factor in becoming a champion. Attitude, effort, and determination are also very important in being a champion. When I think of a champion I think of someone that knows how to be a good teammate. Mia Hamm once said, "I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team not the individual, is the ultimate champion." Knowing when to lead and knowing when to follow can create success. Putting the needs of the team above your own selfish wants marks a true champion. A champion makes the most of what they have in order to be successful. Champions overcome adversity. True character is revealed when times are tough and a true champion can weather those tough times with grace and perseverance.

This essay was submitted voluntarily by independent parties in accordance with the rules and regulations of the Dress the Champions contest. All facts and figures are not validated for accuracy. Writer implicitly licensed Allen Sportswear to print, reprint, distribute, and display their work. Reproduction in any form, by any other party, without written consent from Allen Sportswear or Contributor, is prohibited.

www.allensportswear.com | info@allensportswear.com | (877) MY ALLEN | 2100 N Alafaya Tr, Suite 500, Orlando, FL 32826



Success happens when opportunity and preparation collide. Champions must prepare to take full advantage of every opportunity.

Everyday people can be champions, not just athletes. Champions have integrity, honesty, and commitment. Champions put others above themselves and strive to become better.

Champions also do what's right even when what's right is not easy. Champions can inspire others to do what's right or to become better. Those that fight for a cause are champions in life.

Becoming a champion doesn't happen overnight. It takes time, effort, and heart.

ALLEN SPORTSWEAR

This essay was submitted voluntarily by independent parties in accordance with the rules and regulations of the Dress the Champions contest. All facts and figures are not validated for accuracy. Writer implicitly licensed Allen Sportswear to print, reprint, distribute, and display their work. Reproduction in any form, by any other party, without written consent from Allen Sportswear or Contributor, is prohibited.

www.allensportswear.com | info@allensportswear.com | (877) MY ALLEN | 2100 N Alafaya Tr, Suite 500, Orlando, FL 32826