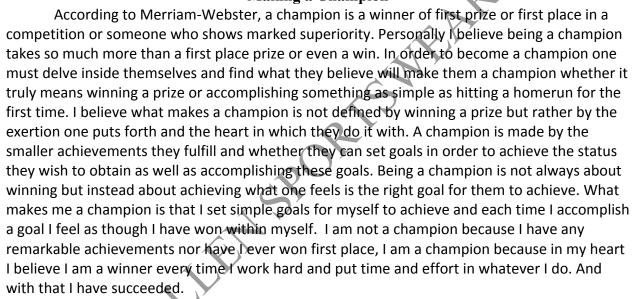




Vanguard Softball Nominated by: Erika Hanley

Making a Champion



Many people are ignorant to what being a champion really means. People only see the end result and fail to recognize that what has made a team or person successful is what they do behind the scenes and overall that makes them the champions they are. It would have been unlikely that the Green Bay Packers could not have won the 2011 Super Bowl without collective team work and multiple practices outside of the games nor would Rafael Nadal have won the 2010 Wimbledon Championship without practice and dedication as well. My point being that for both the Packers and Nadal, becoming champions included more than just the final game or match, however many people don't see this. The end result is what is broadcasted and focused on but what is really important and what made them champions is the diminutive parts that went in to winning the final match. There are steps to becoming a champion much like there are steps to baking bread and each step is crucial and necessary. For example, yeast is needed

This essay was submitted voluntarily by independent parties in accordance with the rules and regulations of the Dress the Champions contest. All facts and figures are not validated for accuracy. Writer implicitly licensed Allen Sportswear to print, reprint, distribute, and display their work. Reproduction in any form, by any other party, without written consent from Allen Sportswear or Contributor, is prohibited.

www.allensportswear.com | info@allensportswear.com | (877) MY ALLEN | 2100 N Alafaya Tr, Suite 500, Orlando, FL 32826





in order to make bread rise as practice is needed to make an athlete more equipped. Without yeast the bread will fall and without practice the athlete is ill-prepared. A champion is 'baked' from the multiple steps they will take in order to achieve their goal and doing these steps efficiently.

As mentioned earlier, I believe that I myself am a champion because I have small goals in which I achieve that will help later in the future when the time is right for using what I have learned in a more competitive and important environment. It is crucial that I am successful in practice or outside of games so that when I am put into situations that have been performed in practice I would be able to carry out the situation well because I have done it successfully in practice. A champion is defined by the success they accomplish on the way to the bigger picture and I feel as if I am a champion because I have carried out my own personal goals for the benefit of myself and my team and I feel as I have been successful in everything I do, not based on what I have won. Material prizes and names aren't what makes me a champion but rather what I think of myself and how I believe I did. What I believe has been said perfectly in a quote stated by Muhammad Ali: "Champions are made from something deep inside them- a desire, a dream, a vision."